

Lagos agbe Pounded Yam

Where consistency counts! Get the real feel.



(Powder)

- Low in fat
- Enriched with Fibre
- Balanced with cholesterol free vegetable proteins
- We have not added any artificial colours
- Container can be closed after first use for neat and hygienic storage

Healthier Option

CODE	PACK	UNIT	CASE	PALLET
LAG01	Drum	2kg	4	384
LAG02	Box	700g	4	960
LAG03	Sack	9kg		112

Popular African staple foods

We have moved the old concept of heavy African food to a modern exciting arena of balanced blends of innovative ingredients, while maintaining the traditional healthy foodstuffs, to develop popular African staple foods in the shape of Sankofa Fufu, Lagos Agbe Pounded Yam, Ghana de-light Soup, Auntie Ama's Peanut Soup.

Sankofa Fufu



Lagos agbe Pounded Yam



Auntie Ama's Peanut Soup

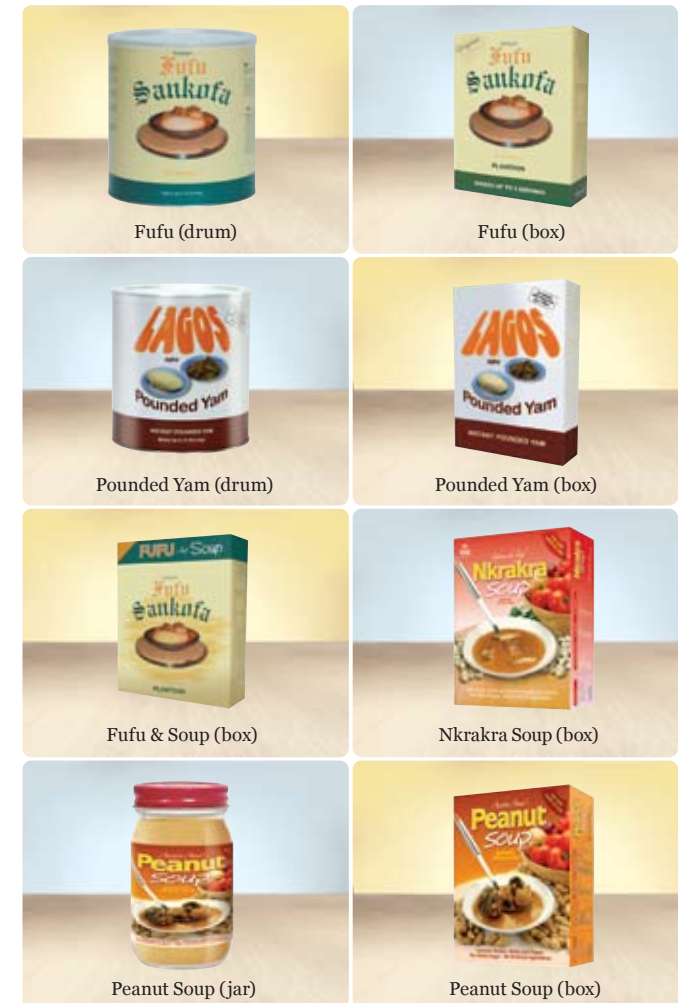


Ghana de-light - Nkrakra soup



Authentic African Foods

The Brands with a difference



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"to always provide families with good authentic African food, by developing quality brands with our main focus on healthier and convenient options"

Sankofa Fufu

Enjoy the favourite staple eaten across sub Saharan Africa!



(Powder)

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- We have added fibre
- We have not added artificial colours
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- Container can be closed after first use for neat hygienic storage

Healthier Option

CODE	PACK	UNIT	CASE	PALLET
SAN01	Drum	2kg	4	384
SAN02	Box	500g	8	960

Deeply entrenched in local traditions

MA Quality Foods - the company behind these popular innovative brands of Africa's staples was established in 1995. Manned by competent food industry experts our objective is to offer consumers, wherever they may be, the experience of good African food which continue to remain deeply entrenched in their local customs and traditions.

Peanut Soup - Auntie Ama's

Satisfying soup! Without the weight gain



(Paste)

For soup, stew or to marinate meat / fish / chicken

- Rich in fibre
- Good source of cholesterol free proteins
- Good source of monounsaturated fatty acid
- Generates low calories
- Eating peanuts helps keep your heart healthy without weight gain if eaten as part of a diet low in fat and salt

Healthier Option

CODE	PACK	UNIT	CASE	PALLET
AUN01	Box	240g	20	1000
AUN02	Jar	360g	16	800

Manufacturing standards & nutritional values

Our focus on health and wellness extends across the whole range of brands that bear the MA Quality Foods logo, impressive packaging and presentation, highest manufacturing standards and addressing current nutritional challenges are our specialties.

Nkrakra Soup - Ghana de-light Sankofa Fufu & Soup

Create the most tempting soup! Always delicious!



(Powder)

- Light soup
- Rich in fibre
- Excellent flavour

Healthier Option

CODE	PACK	UNIT	CASE	PALLET
NKR01	Box	200g	20	1000
SAS01	Box	545g	8	960

Healthy wellbeing for a healthier life style

By selecting only the best innovative raw ingredients, adapting science based nutritional advances coupled with good manufacturing ethics we bring to families around the world foods that promote a sense of healthy wellbeing for a healthier life style.